

St. Michael's — St. Benedict — Canadian Martyrs

Cudworth

St. Benedict

Middle Lake

Roman Catholic Parishes

September 14th (The Exaltation of the Holy Cross) – September 21st (25th Sunday in Ordinary time)

Fr. Benjamin Ezekwudo, Pastor– Email: bezekwudo@rcdos.ca Mobile: (306) 270-8592
Office/Rectory: St. Michael's Parish: 503 Main Street, Box 239 – Cudworth, SK S0K 1B0 **Phone:** (306) 256-3218
Fax: (306) 256-7000 **Email and e-Transfer:** smcudworth@rcdos.ca **Website** <https://www.saintsnorth.ca>
Office Hours: Tue/Fri: 9 –12noon (closed during Mass times); Thursday: 9^{AM}-4^{PM} **Administration:** Fr. Benjamin Ezekwudo, Teresa Richardson, and Chara Sargeant (Bulletin)

Sunday Mass times September:

Saturday 5^{PM} St. Benedict
 Sunday 9^{AM} St. Michael's
 Sunday 11^{AM} Canadian Martyrs

Weekday Mass times (year round):

Tuesday 6:30^{PM} Haven
 Wednesday 10:30^{AM} Nursing Home
 Wednesday 1:30^{PM} Bethany
 Friday 9^{AM} St. Michael's

Low-gluten communion hosts are available. Please see Fr. before Mass.

Sacrament of Reconciliation:

Sat: 11^{AM} - 12^{PM} (noon) – St. Michael's
 Sat: 4:30^{PM} - 4:55^{PM}– St. Benedict (only when Mass falls on Saturday)
 By appointment: Contact Fr. Benjamin directly on his mobile

Eucharistic Adoration:

St. Michael's: Every Friday from Mass: 8^{AM} to 9^{AM} (Except for 1st Friday of the month, when it is after Mass: 9:30^{AM} to 12^{PM})

St. Michael's Haven: Every first Tuesday of the month, 5:30^{PM} to 6:30^{PM}

Marriage Prep: Please contact Fr. Benjamin at least one year prior to the desired date of marriage.

Mass Intentions: Please contact Fr. Benjamin directly. Suggested donation: \$10.00
 Fr. Benjamin is available on his mobile at any time outside Mass times for EMERGENCIES and to administer the sacrament of the **Anointing of the Sick.**

To request Communion to the Sick, Baptism, or Funeral, please call Fr. Benjamin at the office, or directly on his mobile.

Reminder: You can request the sacraments when you are in ANY hospital.

St. Michael's Sunday Masses can be followed at 91.3FM

ALL MASS INTENTIONS September 13th – 21st

Sept. 13th - Saturday 5^{PM}

St. Benedict: Michael Martinka+/ Laverne & Colleen Martinka

Sept. 14th - Sunday 9^{AM}

St. Michael's: Rita Wright+/ Val & Murray Milne

Sept. 14th – Sunday 11^{AM}

Canadian Martyrs: Gerald Saxinger+/ John & Audrey van der Gracht

Sept. 16th – Tues. 6:30^{PM}

St. Michael's Haven: Waylon Leuschen/ CWL

Sept. 17th -Wed. 10:30^{AM}

Cudworth Nursing Home: Henry Kohle+/ Armelia Frie

Sept. 17th –Wed. 1:30^{PM}

Bethany: Lucille Reding+/ Eugene & Grace Jungwirth

Sept. 19th -Friday 9^{AM}

St. Michael's: Neil Kirzinger+/ Don & Kathleen Kolla

Sept. 20th - Saturday 5^{PM}

St. Benedict: Gerald Saxinger+/ Bob Reaser

Sept. 21st - Sunday 9^{AM}

St. Michael's: Donna Lee Schmidt+/ Mary Weisensel

Sept. 21st – Sunday 11^{AM}

Canadian Martyrs: Gary Schmidt+/ June Anne Furmanic

September Devotion: Our Lady of Sorrows

Prayer to Our Lady of Sorrows:

O most holy Virgin, Mother of our Lord Jesus Christ: by the overwhelming grief you experienced when you witnessed the martyrdom, the crucifixion, and the death of your divine Son, look upon me with eyes of compassion, and awaken in my heart a tender commiseration for those sufferings, as well as a sincere detestation of my sins, in order that, being disengaged from all undue affection for the passing joys of this earth, I may sigh after the eternal Jerusalem, and that henceforward all my thoughts and all my actions may be directed towards this one most desirable object. Honor, glory, and love to our divine Lord Jesus, and to the holy and immaculate Mother of God.

Amen. --Saint Bonaventure





ST. MICHAEL'S -503 Main Street,
Cudworth, SK. S0K 1B0
Mass Time – September: Sunday 9^{AM}

*Together we listen, receive, believe,
and serve from the heart of Jesus*

Parish Council: Fr. Benjamin Ezekwudo 2nd. **Term:** Grace Jungwirth (Chair), Glen Lingel (Vice Chair), Teresa Richardson (Secretary), Vince Dierker (K of C Representative), Stuart Kolla (Maintenance), Kyle Slobodian 1st. **Term:** Don Kolla, Catherine Mazurkewich, Audrey van der Gracht, Ida Rose Wilde

Finance Committee: Catherine Mazurkewich (Chair), Derreck Kolla, Michael Wilde, Lee Hauber

Cemetery Committee: Don Kolla (Chair), Ida-Rose Wilde, James Hauber, Raymond Jungwirth– For all cemetery related information: Teresa Richardson **Parish Covenant of Care Coordinator:** Grace Jungwirth

Knights of Columbus – Thursday, Oct 9th

Rosary: 7^{PM} **Meeting:** 7:30^{PM}



CWL – Next meeting:

Tuesday, September 16th @ 7:15



Parish Council – Wed. October 8th @ 7^{PM}

Coffee Sunday – September 28th after 9^{AM} Mass

Brenda & Jim Tryhuba will be presenting on
“Called and Gifted” at the 9^{AM} Mass on
September 21st



What is Returning to Spirit?

Come and find out what this powerful program is all about at this information evening open to all, 6:30 to 8^{PM}
Tuesday, Sept. 23 at the Catholic Pastoral Centre, 123 Nelson Rd, Saskatoon. Everyone welcome! For more info, contact Myron Rogal, at mrogal@rcdos.ca or call Justice and Peace at (306) 659-5841. Register at: <https://form.jotform.com/252118291778262>

Stepping Stones

6 step discernment process for young women
Where: Mary's House Saskatoon, or over ZOOM
In Person: Sept 20th, Oct 28th, Nov 25th (7-9^{PM})
ZOOM: Oct 2nd, Oct 30th, Nov 27th (7-9^{PM})
What steps are you called to take?

**There will be blessings of the graves
after the September 28th 9^{AM} Mass
in lieu of the Feast of St. Michael
on September 29th**

Sunday Mass Ministries

9^{AM} – Sunday, September 14th

Welcomers: Jim & Liz

Rosary: Glen **Ushers:** James, Clarence

Screens: Ann **Servers:** Eric, Leo, Alynn

Readers: 1st – Lee, 2nd – Heide

Prayers of the Faithful – John K.

Offerings: Edward & Leonard

Eucharistic Minister: Clarence, Heide, Danny

Counters: Danny, Ann, Elaine

9^{AM} – Sunday, September 21st

Welcomers: John & Audrey

Rosary: Phil **Ushers:** Danny, Darrel

Screens: Jill **Servers:** Cael, Gage, Brooke

Readers: 1st – Teresa, 2nd – Barbara

Prayers of the Faithful – Catherine

Offerings: John & Audrey

Eucharistic Minister: Heide, Barbara, Roger

Counters: Garry, Catherine, Heide

9^{AM} – Sunday, September 28th

Welcomers: Garry, Catherine

Rosary: Glen **Ushers:** Garry, Edward, Leonard

Screens: Grace **Servers:** Brianna, Jax, Kennedy

Readers: 1st – Morris, 2nd – John v.

Prayers of the Faithful – Doreen

Offerings: James & Kim

Eucharistic Minister: Clarence, Morris, Danny

Counters: Dennis, Sylvia

There will be blessing of the graves after Mass

9^{AM} – Sunday, October 5th

Rosary: Phil **Ushers:** James, Clarence

Screens: Ann **Servers:** Camryn, Brady

Readers: 1st – Kim, 2nd – James,

Prayers of the Faithful – Heide

Offerings: Bernadette & Tammy

Eucharistic Minister: Roger, Heide, Barbara

Counters: Danny, Ann, Elaine

The Holy Spirit getting me to
Mass in the morning





Pro-Life Prayer to the Virgin Mary

O Mary, Mother of Jesus and Mother of us all, we turn to you today as the one who said "Yes" to Life. "You will conceive and bear a Son," the angel told you. Despite the surprise and the uncertainty about how this could be, you said yes. "Be it done unto me according to your word." Mary, we pray today for all mothers who are afraid to be mothers. We pray for those who feel threatened and overwhelmed by their pregnancy. Intercede for them, that God may give them the grace to say yes and the courage to go on. May they have the grace to reject the false solution of abortion. May they say with you, "Be it done unto me according to your word." May they experience the help of Christian people, and know the peace that comes from doing God's will. Amen.

Dear Lord we thank you for all the good that Charlie Kirk did to promote prolife, and pray that his soul is at peace with the Lord... MARY, please bless and comfort his family.



Diocesan Congress Series

Three sessions - Open to all those interested!

"The Peace of the Risen Christ beckons us to be missionary disciples." - Pope Leo XIV

- Congress Day Oct. 9 with keynote speaker Jean-Paul de Fleuriot of Faith Room – 9^{AM} to 3:30^{PM} at the Cathedral of the Holy Family, 123 Nelson Road, Saskatoon. Cost \$25 (includes lunch).
- Congress Music Ministry Workshop "The Heart of Worship" Oct. 10 with Cameron Turner and Jean-Paul de Fleuriot ~ 7^{PM} to 9:30^{PM} at Saint Anne Catholic Church, 217 Lenore Drive, Saskatoon. Free-will offering (refreshments served).
- Congress Day Intro to Intentional Accompaniment "Activating Leaders to the Ends of the Earth" Oct. 16 with leaders from Catholic Christian Outreach ~ 9^{AM} to 4^{PM} Cost \$25 (includes lunch).

www.rcdos.ca/congress-2025

Grief support from Mourning to Dawn for parents

Sessions begin October 2nd Register: <https://form.jotform.com/251875823255262>

Contact us @ 306-659-5836 or 306-850-1596

Email @ mjackson@rcdos.ca westcoastleblancs@gmail.com , www.rcdos.ca/grief

SCAN HERE



to register

Jubilee Pilgrimage to the Millennium Pro-Life Cross Sunday, Sept. 14: The 100-foot cross is located 10.8 km northeast of Aberdeen, SK. on Highway 41. This year's Jubilee Pilgrimage will be held at 3 p.m. Sunday, Sept. 14 on the Feast of the Exultation of the Cross, and includes praying of the Rosary and keynote speaker Bishop Bryan Bayda of the Ukrainian Catholic Eparchy of Toronto and Eastern Canada, with food and fellowship to follow. Bring your rosary, lawn chairs, insect repellent, umbrellas, etc. In the case of inclement weather, watch the Facebook page at www.facebook.com/ProLifeMillenniumCross .

Grief Support from Mourning to Dawn

St. Augustine Parish is offering a grief program, led by Dr. Webster, for **widows and widowers**. Open to those with spousal loss from 2 months to 3 years.

Facilitators, who have all experienced the death of a spouse, will engage with participants on a journey to healing, offering support and encouragement.

Sessions are two hours per week for 8 consecutive weeks.

October 2nd –November 20th 2025; Thursdays from 2:30 – 4:30^{PM} **Cost:** \$25 (book)

For more information or to register, contact Irene @ 306-682-3383 or Dave @ 306-682-5108





ST. BENEDICT

10 1st Street South (Church Avenue)
St. Benedict, SK S0K 3T0

Mass Times:

September: **Saturday 5^{PM}**

October: **Sunday 11^{AM}**

Explore The Call

9^{AM} – 4^{PM} Saturday Oct 4th or Monday Nov 10th @
Mary's House, Saskatoon

Join us on this one day retreat that will give you
opportunity to connect with Jesus and to come to
know the Sisters of the Presentation of Mary, our
Foundress, Saint Marie Rivier, and our charism!
Register by September 25th. Email us if you have any
questions @ info@presentationofmary.ca



Sunday/Saturday Mass Ministries

5^{PM} – Saturday September 13th

Ushers: Laverne Sacristan: Laverne

Cross Bearer: Colleen Servers: Draude's

Readings & Prayers of the Faithful: Vera Lucia

5^{PM} – Saturday September 20th

Ushers: Reg Sacristan: Reg

Cross Bearer: Reg

Readings & Prayers of the Faithful: LeeAnn

5^{PM} – Saturday September 27th

Ushers: Laverne Sacristan: Laverne

Cross Bearer: Colleen Servers: Draude's

Readings & Prayers of the Faithful: LeeAnn

Thanks be to God



CANADIAN MARTYR'S

1st Street North
Middle Lake, SK S0K 2X0

Mass Times:

September: **Sunday 11^{AM}**

October: **Saturday 5^{PM}**

READERS / COLLECTION:

Sun. Sept. 14th @ 11^{AM} Andrea & Gloria

Sun. Sept. 21st @ 11^{AM} Marj & Janice

Sun. Sept. 28th @ 11:30^{AM} Tim & Janine

Sat. Oct. 4th @ 5^{PM} Andrea & Gloria

CHURCH MAINTENANCE:

Sun Sept. 14th Dorian & R. Baker

Sun Sept. 21st Chris & Debbie

Sun Sept. 28th Kenny & Hap

Sun Oct. 5th Tim & Allen

Sun Oct. 12th Matthew & Ken P.

CHURCH CLEANERS:

September: Janine Schmidt

& Sheila Schreiner

October: Susan Wehage

November: Gloria Schlitz

Please maintain any flowers, solar lights, and anything else placed in the cemetery at a grave site. Please try to place objects in a way as not to impede the cemetery grass mowing and maintenance for the volunteers looking after the cemetery. It can add a lot of time and effort on the volunteer's part if items left at grave sites are left to deteriorate. Thank you, God Bless!

September 28th Mass will be
at 11:30^{AM} as St. Michael's
will be having blessing of the
graves after their 9^{AM} Mass.

There will be Blessing of
the graves after the
11:30^{AM} Mass on
September 28th in lieu of
the Feast of Canadian
Martyrs (September 26th)

**Campaign Life Coalition Saskatchewan will begin our
40 Hours for Life campaign in Saskatoon on
Wednesday September 17th.**

The campaign will take place on the corner of 7th Ave and
Queen Street.

The campaign will be conducted Monday to Friday from 9
am to 12 noon, and will run until Friday October 24th.

Everyone is encouraged to come out and witness for life;

Signs will be available. If you can help with any one hour

time slot during this campaign it is greatly appreciated. For

more information contact us by email

at campaignlifesk@gmail.com, or call us at 306-249-2764.

24th Sunday: The Exaltation of the Cross

The cross is a central image to Christians, especially Catholics. We wear it, hang it on church and home walls, and reflect on it. But how often do we stop and think about what the cross actually symbolises? It symbolises God's love for sinful humanity.

In 326, AD, St. Helena, mother of Emperor Constantine, discovered the remains of the True Cross of Christ while on pilgrimage to Jerusalem. Nine years later, the Church of the Holy Sepulchre was erected on the site, and dedicated in Jerusalem (335 AD) on this day, September 14.

The book of Numbers told us how God punished the Israelites by the bite of fiery serpents because of their unreasonable complaints, but he also save them by making them look at the symbol of their agony - a bronze snake that Moses made (Number 21: 9). In like manner, Jesus was raised on the very object of shame, torture and pain that he might conquer sin and death for our salvation.

The gospel of John said, "Just as Moses lifted up the snake in the wilderness, so the Son of Man must be lifted up, that everyone who believes may have eternal life in him" (John 3:14-15). The Catechism of the Catholic Church explains this further, "...lifting up of Jesus on the cross signifies and announces his lifting up by his Ascension into heaven, and indeed begins it. Jesus Christ, the one priest of the new and eternal Covenant, "entered, not into a sanctuary made by human hands... but into heaven itself, now to appear in the presence of God on our behalf." (CCC: 662)

The Modern Age run away from the cross, they don't want to look at it or avoid it entirely. But when Catholics look at the cross, we do not see shame and disgrace. We do not see sin and death. We see love; divine love unlimited. We see hope; and we see victory. And that's what we celebrate today.

Sometimes, we walk through things (difficulties) in life that we wish we didn't have to. We have to face grief, illness, broken hearts, conflict, loneliness, and so much more. During those hours or days, the cross reminds to follow Jesus' example and remain faithful to God.

Again, we all go through times when we feel hopeless and moody. Times when we feel unloved and rejected. It can be hard to know where to turn. But what we need to do at those times is simply go back to the cross, and remember what Jesus did for us.

With his arms stretched wide, he was saying, 'This is how much I love you.' When we are tempted to sin, when we are guilt-ridden by sin, when pride gets the better of us and makes but focus on our own glory rather than God's, we should simply go back to the cross.

It is love "to the end "that confers on Christ's sacrifice its value as redemption and reparation, as atonement and satisfaction. He knew and loved us all when he offered his life. Now "the love of Christ controls us, because we are convinced that one has died for all; therefore all have died."No man, not even the holiest, was ever able to take on himself the sins of all men and offer himself as a sacrifice for all. The existence in Christ of the divine person of the Son, who at once surpasses and embraces all human persons and constitutes himself as the Head of all mankind, makes possible his redemptive sacrifice for all. (CCC: 616)

The cross of Christ is the symbol of our Hope and the Light that has pierced through the darkness surrounding us, giving us the strength and inspiration to break free from the tyranny and domination by the devil and sin. It is through the cross that each and every one of us have been shown the path to glory and true joy in God. The cross is the reminder of everything that God has done out of love for each and every one of us.

Prayer:

Thank you, Jesus

Thank you, Lord

Fr. Benjamin Ezekwudo