

St. Michael's — St. Benedict — Canadian Martyrs

Cudworth

St. Benedict

Middle Lake

Roman Catholic Parishes

January 18th (Second Sunday in Ordinary Time) – January 25th (Third Sunday in Ordinary Time)

Fr. Benjamin Ezekwudo, Pastor– Email: bezekwudo@rcdos.ca Mobile: (306) 270-8592
Office/Rectory: St. Michael's Parish: 503 Main Street, Box 239 – Cudworth, SK S0K 1B0 **Phone:** (306) 256-3218
Fax: (306) 256-7000 **Email and e-Transfer:** smcudworth@rcdos.ca **Website** <https://www.saintsnorth.ca>
Office Hours: Tue/Fri: 9 –12noon (closed during Mass times); Thursday: 9^{AM}-4^{PM} **Administration:** Fr. Benjamin Ezekwudo, Teresa Richardson (IN ON THURSDAYS 9^{AM} – NOON), and Chara Sargeant (Bulletin)

Sunday Mass times January:

Saturday 5^{PM} St. Benedict
 Sunday 9^{AM} St. Michael's
 Sunday 11^{AM} Canadian Martyrs

Weekday Mass times (year round):

Tuesday 6:30^{PM} Haven
 Wednesday 10:30^{AM} Nursing Home
 Wednesday 1:30^{PM} Bethany
 Friday 9^{AM} St. Michael's

Low-gluten communion hosts are available. Please see Fr. before Mass.

Sacrament of Reconciliation:

Sat: 11^{AM} - 12^{PM} (noon) – St. Michael's
 Sat: 4:30^{PM} - 4:55^{PM}– St. Benedict (only when Mass falls on Saturday)
 By appointment: Contact Fr. Benjamin directly on his mobile

Eucharistic Adoration:

St. Michael's: Every Friday from Mass: 8^{AM} to 9^{AM} (Except for 1st Friday of the month, when it is after Mass: 9:30^{AM} to 12^{PM})

St. Michael's Haven: Every first Tuesday of the month, 5:30^{PM} to 6:30^{PM}

Marriage Prep: Please contact Fr. Benjamin at least one year prior to the desired date of marriage.

Mass Intentions: Please contact Fr. Benjamin directly. Suggested donation: \$10.00
 Fr. Benjamin is available on his mobile at any time outside Mass times for EMERGENCIES and to administer the sacrament of the **Anointing of the Sick.**

To request Communion to the Sick, Baptism, or Funeral, please call Fr. Benjamin at the office, or directly on his mobile.

Reminder: You can request the sacraments when you are in ANY hospital.

St. Michael's Sunday Masses can be followed at 91.3FM

ALL MASS INTENTIONS Jan. 17th – 25th

Jan. 17th - Saturday 5^{PM}

St. Benedict: Hilda Lieffers+/
 Ray Jungwirth

Jan. 18th - Sunday 9^{AM}

St. Michael's: Linus Hackl+/
 Anthony & Irene Richardson

Jan. 18th – Sunday 11^{AM}

Canadian Martyrs: Donna
 Jungwirth+/ Bonnie & Walter
 Hauber

Jan. 20th – Tues. 6:30^{PM}

St. Michael's Haven: Donna
 Jungwirth+/ Norma Frie

Jan. 21st -Wed. 10:30^{AM}

Cudworth Nursing Home:
 Joe & Dina Kolla+/ Don &
 Kathleen Kolla

Jan. 21st -Wed. 1:30^{PM}

Bethany: Edwin & Lucille
 Reding+/ The Family

Jan. 23rd - Friday 9^{AM}

St. Michael's: James
 Anthony Gohn+/ Bud &
 Joyce Zimmer

Jan. 24th - Saturday 5^{PM}

St. Benedict: Gerald
 Saxinger+/ Ray Jungwirth

Jan. 25th - Sunday 9^{AM}

St. Michael's: Barbara
 Lepitzki+/ Catherine, Thomas,
 Heide, Elizabeth & Families

Jan. 25th – Sunday 11^{AM}

Canadian Martyrs: Walter
 Kocur+/ Teresa Richardson

Donation receipts are ready for pick up at the East Entrance of the Parish. BAA & Priest Pension Fund receipts will be sent to you directly

Knights of Columbus *SHROVE TUESDAY* *PANCAKE SUPPER*

February 17th 5:00^{PM} – 6:30^{PM}

Adults (12yrs + Older) \$12.50

Children (5-11yrs) \$5.00

Toddlers – Free



CUDWORTH COMMUNITY HALL



ST. MICHAEL'S -503 Main Street,
Cudworth, SK. S0K 1B0
Mass Time – January: Sunday 9^{AM}

*Together we listen, receive, believe,
and serve from the heart of Jesus*

Parish Council: Fr. Benjamin Ezekwudo 2nd. **Term:** Grace Jungwirth (Chair), Glen Lingel (Vice Chair), Teresa Richardson (Secretary), Vince Dierker (K of C Representative), Stuart Kolla (Maintenance), Kyle Slobodian 1st. **Term:** Don Kolla, Catherine Mazurkewich, Audrey van der Gracht, Ida Rose Wilde

Finance Committee: Catherine Mazurkewich (Chair), Derreck Kolla, Michael Wilde, Lee Hauber

Cemetery Committee: Don Kolla (Chair), Ida-Rose Wilde, James Hauber, Raymond Jungwirth– For all cemetery related information: Teresa Richardson **Parish Covenant of Care Coordinator:** Grace Jungwirth

Knights of Columbus – Thursday, Feb. 12th

Rosary: 7^{PM} **Meeting:** 7:30^{PM}



CWL – Next meeting:

Tuesday, January 20th @ 7:15



Parish Council – Wed. Feb. 11th @ 7^{PM}

Formed.org: A great online resource for inspiring movies and studies, audios, talks and e-books. Go to: <https://formed.org/signup>. With Formed you will find video programs that explain the Catholic faith, explore the deepest meaning of marriage, Bible studies and other variety of topics.

Hope in Health Care is a group inviting health care professionals to explore the challenges and opportunities in living their vocations in a healthcare environment that includes practices such as medically-provided euthanasia (MAiD). The next event will be held 7 p.m. to 8:30 p.m. **Tuesday, Jan. 27** at the Catholic Pastoral Centre, 2nd Floor, Cathedral of the Holy Family, 123 Nelson Road, Saskatoon. For more information contact Jackie Saretsky, diocesan Coordinator of Hospital Chaplaincy at (306) 659- 5839 or e-mail: hope@chassk.ca.

(Hospital Chaplaincy is supported by gifts to the Bishop's Annual Appeal.)

VAN SERVICE – Winter Months

Anyone wanting to be picked up should contact the Parish Office (306) 256-3218 or Liz Wilde (306) 256-3673

Pick-up starts 1 hour before Mass

Prayer Shawl Ministry

The Crochet and Knitting Group has resumed their weekly gathering, at St. Michael's Haven on Tuesdays from 1 – 2^{PM}. This is a 'Come and Go Group' and we certainly appreciate extra hands.

We still hold many beautiful blessed shawls, that are waiting for anyone in need of some welcomed comfort.

Prayer Shawls:

Sylvia Meszaros - (306) 256-7198

Yarn/wool donations:

Gen Trischuk – (306) 256-3904

Any yarn and or monetary donations are always greatly appreciated.



Sunday Mass Ministries

9^{AM} – Sunday, January 18th

Welcomers: John & Audrey

Rosary: Phil **Ushers:** Derreck, Gage

Screens: Ann **Servers:** Cael, Brooke

Readers: 1st – Gage, 2nd – Kalli **POF** – Gage

Offerings: Clark & Shae

Eucharistic Minister: Morris, Roger

Counters: Danny, Ann, Elaine

Youth Mass

9^{AM} – Sunday, January 25th

Welcomers: Garry & Catherine

Rosary: Glen **Ushers:** Garry, Edward, Leonard

Screens: Grace **Servers:** Camryn, Brady

Readers: 1st – Barbara, 2nd – Garry

Prayers of the Faithful – Doreen

Offerings: James & Kim

Eucharistic Minister: Barbara, Heide

Counters: Garry, Catherine, Heide

9^{AM} – Sunday, February 1st

Rosary: Phil **Ushers:** James, Darrell

Screens: Jill **Servers:** Chelsea, Nora

Readers: 1st – Bernadette, 2nd – John v.

Prayers of the Faithful – Catherine

Offerings: Bernadette, Tammy, Roger

Eucharistic Minister: Danny, Morris

Counters: Dennis, Sylvia

9^{AM} – Sunday, February 8th

Rosary: Glen **Ushers:** Garry, Edward, Leonard

Screens: Ann **Servers:** Eric, Leo, Alyn

Readers: 1st – Heide, 2nd – Teresa

Prayers of the Faithful – Morris

Offerings: Edward, Leonard

Eucharistic Minister: Barbara, Roger

Counters: Danny, Ann, Elaine

9^{AM} – Sunday, February 15th

Welcomers: Jim & Liz

Rosary: Phil **Ushers:**

Screens: Grace **Servers:** Brianna

Readers: 1st – TBA, 2nd – TBA, **POF** – TBA

Offerings: TBA

Eucharistic Minister: Heide, Danny

Counters: Garry, Catherine, Heide

Youth Mass

Week of Prayer for Christian Unity

“There is one body and one Spirit, just as you were called to the one hope of your calling.” (Ephesians 4:4)

Ecumenical Morning Prayer Services Jan. 19th – 23rd

Begins at 8 AM with worship, light breakfast to follow:

- Monday, Jan. 19 - location to be announced
- Tuesday, Jan. 20 - Trinity Lutheran Church (ELCIC), 419 Avenue E North, Saskatoon.
- Wednesday, Jan. 21 - St. Patrick Roman Catholic Parish, 3339 Centennial Drive, Saskatoon.
- Thursday, Jan. 22 - Grosvenor Park United Church, 407 Cumberland Avenue South, Saskatoon.
- Friday, Jan. 23 - Wildwood Mennonite Church, 1502 Acadia Drive, Saskatoon.

Ecumenical Prayer Service 11 AM **Monday, Jan. 19** followed by lunch (cash only) at Luther Heights, 11802 Alexandra Ave., Saskatoon. For information about cost and to RSVP, please e-mail: admin@pcecumenism.ca.

Singing Into Unity 7:30 PM **Tuesday, Jan. 20** at Christ Church Anglican, 515-28th St. West, Saskatoon.

De Margerie Series for Christian Reconciliation and Unity: “Christian Martyrdom and the Unity of the Church” lectures and workshops in Saskatoon and Regina **Jan. 21 to 24** including 7 PM **Jan. 21** at Campion College, Regina and 7 PM **Jan. 22** at St. Thomas More College, Saskatoon (lectures will also be live-streamed). Morning De Margerie workshops are Jan. 23 in Saskatoon and Jan. 24 in Regina. Series lecturer is Dr. Jeremy Bergen, Associate Professor of Religious Studies and Theological Studies at Conrad Grebel University College, University of Waterloo.

Campus Service 12 PM **Thursday, Jan. 22** at St. Andrew's College, Saskatoon, a partnership between the Saskatoon Theological Union and St. Thomas More College, featuring guest preacher: Dr. Jeremy Bergen.

Ecumenical Worship Service 3 PM **Sunday, Jan. 25** at St. Andrew Presbyterian, 436 Spadina Cres., Saskatoon with Saskatoon Anglican Bishop Chad McCharles.

Find resources at www.weekofprayer.ca or for more info contact the Prairie Centre for Ecumenism: (306) 653-1633. (*Ecumenism is supported by the Bishop's Annual Appeal.*)

Millions of Monicas prayer group for women:

Like St. Monica, who persevered in prayer, we pray for our children in need of God's mercy and a return to the Church. A “Millions of Monicas” prayer group is beginning at *St. Philip Neri Parish, 1902 Munroe Avenue, Saskatoon*, meeting from 10 AM to 11 AM on the third Tuesday of each month, starting Jan. 20, 2026. Women are invited to gather for one hour of guided prayer, which includes the Rosary. All women are welcome, mothers, grandmothers, aunts, and baptism/confirmation sponsors.

Called and Gifted individual discernment of God's gifts will be held in the Humboldt deanery for parishioners from throughout the region Friday, Jan. 30th at 7 PM to 9:30 PM and Saturday, Jan. 31st at 9 AM to 3:30 PM at St. Augustine Catholic Church, 809-10th St., Humboldt, SK. Cost \$70. Register at <https://form.jotform.com/252387155142254> or for more information, please contact Myrna Britz at (306) 231-9337 or e-mail: mbritz@rcdos.ca.

“Be who God meant you to be and you will set the world on fire.” – St. Catherine of Siena

Reverence for Life - Bishop Mark Hagemoen of the Roman Catholic Diocese of Saskatoon each year declares the last Sunday of January as a day of prayer for Reverence for Life, coinciding with the anniversary of the Supreme Court's Morgentaler decision which removed all legal limits to abortion in Canada. The bishop's message for Reverence for Life Sunday will be posted on the diocesan website at: <https://rcdos.ca> as of Jan. 22. Let us pray that life will be respected at every age and stage, from conception to natural death.

Prayer:

Almighty God, giver of all that is good, we thank you for the precious gift of human life:

For life in the womb, coming from your creative power,

For the life of children, making us glad with their freshness and promise,

For the life of young people, hoping for a better world,

For the life of people who are disabled, teaching us that every life has value,

For the life of the elderly, witnessing to the ageless values of patience and wisdom.

Like Blessed Mary, may we always say “yes” to Your gift.

Help us to realize the sacredness of human life and to respect and cherish it from conception to its natural end.

And bring us at last, O Father, to the fullness of eternal life in Jesus Christ our Lord. AMEN

(Reverence for Life is supported by gifts to the Bishop's Annual Appeal.)



ST. BENEDICT

10 1st Street South (Church Avenue)
St. Benedict, SK S0K 3T0

Mass Times:

January: **Saturday 5^{PM}**

February: **Sunday 11^{AM}**

St. Benedict Parish would like to thank Henry & Susie Wedewer, George Baron, the Deceased members of Cottim & Coughlan Families, Tony Ronellensitsch, and August & Lea Hannotte for their donations towards Christmas flowers to beautify our parish!

The AGM of St. Benedict is scheduled to be held on January 24th at 6:15^{PM}.

Below is the link to join the meeting.

Video call link: <https://meet.google.com/xkp-jeqg-qne>

Diocesan Prayer - Loving Lord, accept the prayers of all your faithful children throughout the world, who call out to you with one mind, one voice, and one heart. Through your beloved disciple John, you promised that if we walk in your light, then we will have communion with one another, and your precious blood will cleanse us of all sin. Bring us that blessed communion, O Saviour!

Sunday/Saturday Mass Ministries

5^{PM} – Saturday January 17th

Ushers: Laverne Sacristan: Laverne
Cross Bearer: Colleen Servers: Draude's
Readings & Prayers of the Faithful: LeeAnn

5^{PM} – Saturday January 24th

Ushers: Reg Sacristan: Reg
Cross Bearer: Reg
Readings & Prayers of the Faithful: LeeAnn

11^{AM} – Sunday February 1st

Ushers: Laverne Sacristan: Laverne
Cross Bearer: Colleen Servers: Draude's
Readings & Prayers of the Faithful: LeeAnn

11^{AM} – Sunday February 8th

Ushers: Reg Sacristan: Reg
Cross Bearer: Reg
Readings & Prayers of the Faithful: LeeAnn



CANADIAN MARTYR'S

1st Street North
Middle Lake, SK S0K 2X0

Mass Times:

January: **Sunday 11^{AM}**

February: **Saturday 5^{PM}**

READERS / COLLECTION:

Sun. Jan 18th @ 11^{AM} Marj & Janice
Sun. Jan 25th @ 11^{AM} Tim & Janine
Sat. Jan 31st @ 5^{PM} Andrea & Gloria
Sat. Feb 7th @ 5^{PM} Marj & Janice

CHURCH MAINTENANCE:

Mon January 19th Tim & Allen
Mon January 26th Matthew & Ken P.
Mon February 2nd Dorian & R. Baker
Mon February 9th Chris & Debbie
Mon February 16th Kenny & Hap

CHURCH CLEANERS:

January: Lisa Bernard,
Tamara Carroll
February: Angela Reiter,
Rosanne Griffin

Please maintain any flowers, solar lights, and anything else placed in the cemetery at a grave site. Please try to place objects in a way as not to impede the cemetery grass mowing and maintenance for the volunteers looking after the cemetery. It can add a lot of time and effort on the volunteer's part if items left at grave sites are left to deteriorate. Thank you, God Bless!

Awaken 2026 - "The Art of Listening"

Join the diocesan Adult Faith Formation program as we delve into the profound impact that deep and intentional listening can have on our lives and relationships. Over the course of four enlightening sessions, we will explore the foundational elements of listening, progressing through different levels, and finally, understanding listening in the context of our relationship with the Lord. Sessions will be held at 7 p.m. on four Tuesdays at the Cathedral of the Holy Family in Saskatoon:

- **Jan. 27** - "Introduction to the Art of Listening" with Marilyn Jackson;
- **Feb. 3** - "The Four Levels of Listening" with Sr. Marta Piano;
- **Feb. 10** - "Listening to God in Scripture and Adoration" with Fr. Daniel Yasinski
- **Feb. 17** - "Pathway to becoming a Missionary Synodal Church" with Fr. Joseph Salihu.

Register online at: <https://form.jotform.com/SaskatoonDiocese/awakenwinter2026> or for more information contact diocesan Adult Faith coordinator Astrid Alas at amalas@rcdos.ca or (306) 659-5858. (Adult faith formation programs are supported by gifts to the Bishop's Annual Appeal)



2nd Sunday: Our Struggles

“The purpose of a good life is not to win the battle, but to wage it unceasingly.” F. McCarthy

Life is full of struggles. However, struggles are an inevitable part of life, often pulling us in so many directions which can lead to a negative mindset if not well managed. Auliq Ice would say, “Life’s struggles are necessary for growth.” They are essential for building character, resilience and personal growth. Life struggles fall into different categories – Financial, Career, Health, Social pressure and Personal struggles. Above all, there is spiritual struggle when it comes to prayer and sin.

The Catechism, giving a broader definition of sin, says, ‘Sin is an offense against reason, truth, and right conscience; it is failure in genuine love for God and neighbour caused by a perverse attachment to certain goods. It wounds the nature of man and injures human solidarity.’(CCC: 1849)

It should be noted, sin is not an object that can be removed from us. Moreso, sinfulness is not the same as our sins. The first is the disease, the second the symptoms.

In the gospel, John the Baptist said, ‘here is the lamb of God that takes away the sin of the world’ (John 1:29). Yes, Jesus does indeed take away our sins in the sense that through him we have forgiveness for our sins, and so are able to put them behind us. When we are forgiven, a very real load, a great burden, is lifted from us, and we are able to go forward freely and joyfully.

Here, Sacrament of Reconciliation (Confession) is a great help. It is a place where we can experience the love of Jesus for us in our sins. It is not an impersonal getting rid of sins. Rather, it is a loving encounter with Jesus our Saviour, who calls us away from sin to goodness of life.

According to the Catechism, ‘Christ has willed that in prayer and life and action his whole Church should be the sign and instrument of the forgiveness and reconciliation that he acquired for us at the price of his blood. But he entrusted the exercise of the power of absolution to the apostolic ministry which he charged with the "ministry of reconciliation."’(CCC: 1442)

Jesus came not to condemn sinners or keep his distance from them, but to befriend them. In doing this, he revived in them God's gift (goodness) which exists in everyone. Jesus evoked goodness in us to enable us overcome sin. As the saying goes, 'Evil can be overcome only by goodness.'

But we also have to accept responsibility for our sins. And even when we are forgiven, everything doesn't magically come right for us. We don't suddenly become different people. Our old weaknesses, habits and compulsions are still with us. Which means we still have to struggle.

Victory over sin comes about as a struggle. We must not become depressed when we see ourselves making what seems like very little progress. What is important is the struggle for goodness.

Prayer:

Thank you, Jesus

Thank you, Lord

Fr. Benjamin Ezekwudo