

St. Michael's — St. Benedict — Canadian Martyrs

Cudworth

St. Benedict

Middle Lake

Roman Catholic Parishes

February 22nd (First Sunday of Lent) – March 1st (Second Sunday of Lent)

Fr. Benjamin Ezekwudo, Pastor– Email: bezekwudo@rcdos.ca Mobile: (306) 270-8592
Office/Rectory: St. Michael's Parish: 503 Main Street, Box 239 – Cudworth, SK S0K 1B0 **Phone:** (306) 256-3218
Fax: (306) 256-7000 **Email and e-Transfer:** smcudworth@rcdos.ca **Website** <https://www.saintsnorth.ca>
Office Hours: Tue/Fri: 9 –12noon (closed during Mass times); Thursday: 9^{AM}-4^{PM} **Administration:** Fr. Benjamin Ezekwudo, Teresa Richardson (IN ON THURSDAYS 9^{AM} – NOON), and Chara Sargeant (Bulletin)

Sunday Mass times February:

Saturday 5^{PM} Canadian Martyrs
Sunday 9^{AM} St. Michael's
Sunday 11^{AM} St. Benedict

Weekday Mass times (year round):

Tuesday 6:30^{PM} Haven
Wednesday 10:30^{AM} Nursing Home
Wednesday 1:30^{PM} Bethany
Friday 9^{AM} St. Michael's

Low-gluten communion hosts are available. Please see Fr. before Mass.

Sacrament of Reconciliation:

Sat: 11^{AM} - 12^{PM} (noon) – St. Michael's
Sat: 4:30^{PM} - 4:55^{PM}– St. Benedict (only when Mass falls on Saturday)
By appointment: Contact Fr. Benjamin directly on his mobile

Eucharistic Adoration:

St. Michael's: Every Friday from Mass: 8^{AM} to 9^{AM} (Except for 1st Friday of the month, when it is after Mass: 9:30^{AM} to 12^{PM})

St. Michael's Haven: Every first Tuesday of the month, 5:30^{PM} to 6:30^{PM}

Marriage Prep: Please contact Fr. Benjamin at least one year prior to the desired date of marriage.

Mass Intentions: Please contact Fr. Benjamin directly. Suggested donation: \$10.00
Fr. Benjamin is available on his mobile at any time outside Mass times for EMERGENCIES and to administer the sacrament of the **Anointing of the Sick.**

To request Communion to the Sick, Baptism, or Funeral, please call Fr. Benjamin at the office, or directly on his mobile.

Reminder: You can request the sacraments when you are in ANY hospital.

St. Michael's Sunday Masses can be followed at 91.3FM

ALL MASS INTENTIONS Feb. 21st – March 1st

Feb. 21st - Saturday 5^{PM}

Canadian Martyrs: Gerald Saxinger+/ Bob Reaser

Feb. 22nd - Sunday 9^{AM}

St. Michael's: Robert & Elizabeth Kirzinger+/ Kirzinger Family

Feb. 22nd – Sunday 11^{AM}

St. Benedict: Gary Schmidt+/ Hilda Neis & Family

Feb. 24th –Tues. 6:30^{PM}

St. Michael's Haven: Deceased Family members/ Anna Gulka

Feb. 25th -Wed. 10:30^{AM}

Cudworth Nursing Home: Harold, Darla, & Tim Zimmer+/ Donna Zimmer

Feb. 25th -Wed. 1:30^{PM}

Bethany: Mena Lieffers+/ Lee Hauber

Feb. 27th - Friday 9^{AM}

St. Michael's: Joy Diederichs+/ Marianne Schwark

Feb. 28th - Saturday 5^{PM}

St. Benedict: Denise Cochet+/ LeeAnn & Raymond

March 1st - Sunday 9^{AM}

Canadian Martyrs: Roman Frank (healing)

March 1st – Sunday 11^{AM}

St. Michael's: Dale Arnold+/ Doreen Regnier



Pick 3 Things to Fast From For Lent

Fast from thinking only of yourself.

Fast from gossip.

Fast from judgementalism.

Fast from bitterness.

Fast from getting annoyed and worked up.

Fast from making cutting remarks.

Unless you are sick, fast from making excuses to yourself for not going to Mass.

Fast from worrying about things over which you have no control.

Fast from giving in to laziness replayer.

Fast from getting into disputes.

Fast from putting things on the long finger that could and should have be done now.

Fast from giving social media priority time in your life.

Fast from commenting negatively about other people's legitimate choices.



ST. MICHAEL'S -503 Main Street,
Cudworth, SK. S0K 1B0
Mass Time – February: Sunday 9^{AM}

*Together we listen, receive, believe,
and serve from the heart of Jesus*

Parish Council: Fr. Benjamin Ezekwudo 2nd. **Term:** Grace Jungwirth (Chair), Glen Lingel (Vice Chair), Teresa Richardson (Secretary), Vince Dierker (K of C Representative), Stuart Kolla (Maintenance), Kyle Slobodian 1st. **Term:** Don Kolla, Catherine Mazurkewich, Audrey van der Gracht, Ida Rose Wilde
Finance Committee: Catherine Mazurkewich (Chair), Derreck Kolla, Michael Wilde, Lee Hauber
Cemetery Committee: Don Kolla (Chair), Ida-Rose Wilde, James Hauber, Raymond Jungwirth– For all cemetery related information: Teresa Richardson **Parish Covenant of Care Coordinator:** Grace Jungwirth

Knights of Columbus – Thursday, March. 12th
Rosary: 7^{PM} **Meeting:** 7:30^{PM}



CWL – Next meeting:
Tuesday, March 17th @ 7:15



Parish Council – Tues. March 10th @ 7^{PM}

STATIONS OF THE CROSS

Every Friday at 5^{PM} in
St. Michael's Parish



Prayer Shawls:

Sylvia Meszaros - (306) 256-7198

Yarn/wool donations:

Gen Trischuk – (306) 256-3904

Any yarn and or monetary donations are always greatly appreciated.

St. Michael's Haven Garage Sale

Fridays 1 – 4^{PM}, 619 5th Ave in Cudworth, east
entrance. They accept cash and e-transfer

VAN SERVICE – Winter Months

Anyone wanting to be picked up should
contact the Parish Office (306) 256-3218 or
Liz Wilde (306) 256-3673

Pick-up starts 1 hour before Mass

MISSION APPEAL:

On March 8, we will hold a second collection
in support of the Archdiocese of Onitsha,
Nigeria. This special initiative has been
approved by Bishop Mark and comes at a
crucial time, as the church in Nigeria is facing
significant challenges.

Fr. Benjamin, who serves our community, hails
from Onitsha. All proceeds from this collection
will go directly to the Archdiocese to help
address important needs. **Thank you for your
thoughtful consideration and generous
support.**

Sunday Mass Ministries

9^{AM} – Sunday, February 22nd

Rosary: Phil **Ushers:** James, Darrell

Screens: Jill **Servers:** Camryn, Brady

Readers: 1st – John v., 2nd – Tammy

Prayers of the Faithful – Bernadette

Offerings: Bernadette, Tammy, Roger

Eucharistic Minister: Roger, Heide

Counters: Dennis, Sylvia

11^{AM} – Sunday, March 1st

Rosary: Glen **Ushers:** Garry, Edward, Leonard

Screens: Ann **Servers:** Eric, Leo, Alynn

Readers: 1st – Verik, 2nd – Barbara

Prayers of the Faithful – Lee

Offerings: Edward, Leonard

Eucharistic Minister: Danny, Morris

Counters: Danny, Ann, Elaine

11^{AM} – Sunday, March 8th

Rosary: Phil **Ushers:** James, Darrel

Screens: Grace **Servers:** Cael, Gage, Brooke

Readers: 1st – Morris, 2nd – Heide,

Prayers of the Faithful – Doreen

Offerings: John & Audrey

Eucharistic Minister: Barbara, Roger

Counters: Garry, Catherine, Heide

11^{AM} – Sunday, March 15th

Rosary: Glen **Ushers:** TBA

Screens: Jill **Servers:** Brianna

Readers: 1st – TBA, 2nd – TBA,

Prayers of the Faithful – TBA

Offerings: TBA

Eucharistic Minister: Roger, Danny

Counters: Dennis, Sylvia

Youth Mass

11^{AM} – Sunday, March 22nd

Rosary: Phil **Ushers:** Garry, Edward, Leonard

Screens: Ann **Servers:** Camryn, Brady

Readers: 1st – Garry, 2nd – James,

Prayers of the Faithful – Kim

Offerings: James & Kim

Eucharistic Minister: Morris, Barbara

Counters: Danny, Ann, Elaine

Thanks be to God

Due to the snow storm Ash Wednesday Masses were canceled (except at St. Michael's Parish) Fr. Benjamin will be giving ashes at the weekend Masses.



"Speak Lord, Your Servant is Listening"

Spring Congress Circuit

March 11 at Holy Spirit, SASKATOON
April 18 at Sacred Heart, WATSON April
25 at St. Joseph, KINDERSLEY

Congress Day is an opportunity for clergy and all the faithful to find renewed ways to come together to pray, learn, and listen to the Holy Spirit and one another. This year at each of the three locations, diocesan ministry coordinators from the Catholic Pastoral Centre will present topics through the lens and practice of synodality. Cost is \$25/day. Spring Congress is open to all those interested!

Registration: <https://rcdos.ca/spring-congress-2026/>

Returning to Spirit Advancing

Reconciliation will be held Feb. 24 to 27 at the Parktown Hotel in Saskatoon for anyone who has previously taken a Returning to Spirit Roots of Reconciliation workshop at any time or location. Advancing Reconciliation empowers participants to build reconciliation on a community scale. Cost is \$150, which includes lunch/ refreshments each day. For details, contact Myron Rogal at mrogal@rcdos.ca or (306) 659-5841. Register: <https://form.jotform.com/260144284920251>.

Coldest Night of the Year

is a fund-raising walk held Feb. 28 across the country to raise funds and awareness about hunger and homelessness, including in Saskatoon, where some are walking in support of Mustard Seed, a Christian non-profit that cares for those experiencing homelessness. <https://cnoy.org/location/saskatooneast>

Knights of Columbus

"In Support of Life" Gala Fundraiser will be held Saturday, Feb. 28, at the Cathedral of the Holy Family, Saskatoon. For tickets contact Merv at (306) 961-2473.

From Mourning to Dawn is an eight-week diocesan grief support program for widows and widowers, led by those who have also experienced this loss. It is open to participants who have been widows/ widowers from between two months to two years. From Mourning to Dawn will again be offered in the diocese at the end of March/beginning of April. Two sessions will be offered, one held at the Catholic Pastoral Centre, at the Cathedral of the Holy Family, Saskatoon and the second at St. Anne Parish, Saskatoon. (The day and time of the sessions will be arranged jointly by facilitators and participants.) Cost: \$35. To register or for more information, please contact Dianna Knaus at dknaus@sasktel.net or (306) 382-0535.

Diocesan Prayer - We pray as a diocesan family for all those preparing for reception of sacraments at Easter. May God bless all those across our diocese beginning this Lenten "season of purification and enlightenment." 

Bishop's Dinner 2026 presented by the Diocese of Saskatoon Catholic Foundation April 30 will bring together great food, amazing music, and community support for ministries and meaningful causes, Held at the Cathedral of the Holy Family, this year's Bishop's Dinner includes an after-dinner live concert featuring singer-songwriter Sarah Kroger, with ticket options either for the 7 p.m. concert only (\$50) or for the meal and concert together (\$225, with a partial tax receipt; doors open at 4 p.m. with dinner by The Golden Pagoda at 5:15 p.m.). Learn more / get tickets at: <https://dscf.ca/events> (select "Bishop's Dinner 2026").



ST. BENEDICT

10 1st Street South (Church Avenue)
St. Benedict, SK S0K 3T0

Mass Times:

February: **Sunday 11^{AM}**

March: **Saturday 5^{PM}**

On track for justice

Loving God,
The destruction of your Creation, our Common Home,
echoes in our hearts the cry of the Earth and the cry of the
poor.
Listening to this cry, we hear your call to ecological
conversion.
Turn us away from actions that harm our relationships to
you, our planet, and our sisters and brothers.
Turn us towards the track for justice.
Gather us as your Church, North and South, to walk this
track together.
Let us be guardians of Creation and not rivals for its spoils.
May we encounter others on the way who seek ecological
justice and join our efforts to their own.
Guide us together towards the dream of our human family
living on a healthy planet, in dignity, solidarity, justice and
peace. Amen

Sunday/Saturday Mass Ministries

11^{AM} – Sunday February 22nd

Ushers: Reg Sacristan: Reg

Cross Bearer: Reg

Readings & Prayers of the Faithful: LeeAnn

5^{PM} – Saturday February 28th

Ushers: Laverne Sacristan: Laverne

Cross Bearer: Colleen Servers: Draude's

Readings & Prayers of the Faithful: LeeAnn

5^{PM} – Saturday March 7th

Ushers: Reg Sacristan: Reg

Cross Bearer: Reg

Readings & Prayers of the Faithful: LeeAnn

5^{PM} – Saturday March 14th

Ushers: Laverne Sacristan: Laverne

Cross Bearer: Colleen Servers: Draude's

Readings & Prayers of the Faithful: LeeAnn



CANADIAN MARTYR'S

1st Street North
Middle Lake, SK S0K 2X0

Mass Times:

February: **Saturday 5^{PM}**

March: **Sunday 9^{AM}**

READERS / COLLECTION:

Sat. Feb 21st @ 5^{PM} Andrea & Gloria

Sun. March 1st @ 9^{AM} Marj & Janice

Sun. March 8th @ 9^{AM} Tim & Janine

Sun. Mar. 15th @ 9^{AM} Andrea & Gloria

CHURCH MAINTENANCE:

Mon February 23rd Tim & Allen

Mon March 2nd Matthew & Ken P.

Mon March 9th Dorian & R. Baker

Mon March 16th Chris & Debbie

Mon March 23rd Kenny & Hap

CHURCH CLEANERS:

February: Angela Reiter,
Rosanne Griffin

March: Michelle Mertz &
Karen Mertz

Please maintain any flowers, solar lights, and anything else placed in the cemetery at a grave site. Please try to place objects in a way as not to impede the cemetery grass mowing and maintenance for the volunteers looking after the cemetery. It can add a lot of time and effort on the volunteer's part if items left at grave sites are left to deteriorate. Thank you, God Bless!



St. Therese Institute of Faith and Mission

Losing my Religion

*A one day conference on how to talk to loved ones
who have walked away from the faith*

Day Conference - Saturday March 7th

Bruno, SK, 9^{AM} -7^{PM} \$75 per adult, includes Lunch & Supper

On-site accommodations available - see website

Guest Speakers - Andre Regnier, Sam Eldredge, Mylene Moreau

Register: <https://sttherese.ca/events/> or call 306-369-2555



1st Sunday of Lent: Making right choices

“Every time I say 'no' to a small temptation, I strengthen my will to say 'no' to a greater one.” Mother Angelica

A German philosopher, Friedrich Nietzsche said, “Whatever does not kill you makes you stronger.” This quote suggests that we emerge more resilient and capable when we face challenges or difficulties that do not defeat us. It also means that overcoming temptation builds strength, character, and endurance, which can help us handle future struggles more easily.

Similarly, every time one is tempted to do evil but makes a decision to do good, that makes one stronger. Suffering and struggle make us stronger. Temptation, then, is not necessarily a bad thing.

One may ask, ‘What did temptation mean for Jesus?’ It meant the same as it meant for Adam and Eve (Genesis 3:1-7), and as it means for us. It meant choosing between good and evil, between doing God's will and one's own will. Jesus was tempted right throughout his life. His victory in the desert (Matthew 4:1-11) was not the winning of the war, but merely the winning of a battle. But in every circumstance, he chose to do will of the Father - “My food is to do the will of him who sent me and to finish his work” (John 4:34).

Temptation comes to everybody but the person who resists temptation knows more about its power than the someone who submits at the very onset of temptation. Those who give in easily to temptation know little about the struggle involved. But those who struggle with temptation and overcome it, know it best. If you want to know what victory over temptation costs, don't ask a sinner, ask a saint.

Making right choices is a struggle between the passions of the flesh and the longings of the spirit. This struggle, with its almost inevitable falls, is not something to be ashamed of. Ours is not never to fall, but to fall, to rise, and go on in

It is because Jesus struggled with temptation and was victorious over it that he can help us in our struggles with temptation too. If you want to overcome an addiction (e.g. *taking breaks from social media or giving up cigarettes, alcohol*); you don't look for help from someone who has tried and failed. You look for help from someone who has tried and succeeded.

Inherent virtue involves a choice between good and evil. That choice can sometimes be very difficult, and there is no definitive victory. The battle against evil is never over as long as we are on this earth. However, each right choice makes the next right choice more likely and easier.

One might say, it was easy for Jesus Christ because he is God! Actually, it wasn't easy for him since he was fully God and fully man. He too had to struggle to do the will of God. The Gethsemane experience is a good example, where he prayed that the cup of suffering be taken away. His victory was achieved through prayer, fasting, and reflection on and obedience to the word of God.

The Holy Spirit was with Jesus during his struggle. And he is with us too in our struggles. What this means for us, is:

- Every victory over temptation is a sign of the maturation of freedom.
- Every right choice is a sign of the presence and manifestation of the superabundant grace which God gratuitously grants.
- Every victory over temptation is a sign that we are no longer of the stock of Adam and Eve; but rather of the stock of Jesus.
- Every right choice is a sign of our similitude to Jesus Christ.

The truth is - victory is not possible without our 'yes' to God and our disposition and docility to live according to his commands. The period of Lent is always a noble opportunity to re-affirm and consolidate our resolve to live in true freedom, nourished by God's grace.

Prayer:

Thank you, Jesus

Thank you, Lord

Fr. Benjamin Ezekwudo