

St. Michael's — St. Benedict — Canadian Martyrs

Cudworth

St. Benedict

Middle Lake

Roman Catholic Parishes

February 15th (Sixth Sunday in Ordinary Time) – February 22nd (First Sunday of Lent)

Fr. Benjamin Ezekwudo, Pastor – Email: bezekwudo@rcdos.ca Mobile: (306) 270-8592
Office/Rectory: St. Michael's Parish: 503 Main Street, Box 239 – Cudworth, SK S0K 1B0 **Phone:** (306) 256-3218
Fax: (306) 256-7000 **Email and e-Transfer:** smcudworth@rcdos.ca **Website** <https://www.saintsnorth.ca>
Office Hours: Tue/Fri: 9 – 12noon (closed during Mass times); Thursday: 9^{AM}–4^{PM} **Administration:** Fr. Benjamin Ezekwudo, Teresa Richardson (IN ON THURSDAYS 9^{AM} – NOON), and Chara Sargeant (Bulletin)

Sunday Mass times February:

Saturday 5^{PM} Canadian Martyrs
Sunday 9^{AM} St. Michael's
Sunday 11^{AM} St. Benedict

Weekday Mass times (year round):

Tuesday 6:30^{PM} Haven
Wednesday 10:30^{AM} Nursing Home
Wednesday 1:30^{PM} Bethany
Friday 9^{AM} St. Michael's

Low-gluten communion hosts are available. Please see Fr. before Mass.

Sacrament of Reconciliation:

Sat: 11^{AM} - 12^{PM} (noon) – St. Michael's
Sat: 4:30^{PM} - 4:55^{PM} – St. Benedict (only when Mass falls on Saturday)
By appointment: Contact Fr. Benjamin directly on his mobile

Eucharistic Adoration:

St. Michael's: Every Friday from Mass: 8^{AM} to 9^{AM} (Except for 1st Friday of the month, when it is after Mass: 9:30^{AM} to 12^{PM})

St. Michael's Haven: Every first Tuesday of the month, 5:30^{PM} to 6:30^{PM}

Marriage Prep: Please contact Fr. Benjamin at least one year prior to the desired date of marriage.

Mass Intentions: Please contact Fr. Benjamin directly. Suggested donation: \$10.00
Fr. Benjamin is available on his mobile at any time outside Mass times for EMERGENCIES and to administer the sacrament of the **Anointing of the Sick.**

To request Communion to the Sick, Baptism, or Funeral, please call Fr. Benjamin at the office, or directly on his mobile.

Reminder: You can request the sacraments when you are in ANY hospital.

St. Michael's Sunday Masses can be followed at 91.3FM

ALL MASS INTENTIONS Feb. 14th – 22nd

Feb. 14th - Saturday 5^{PM}
Canadian Martyrs: Dona Lee Schmidt+/ John & Audrey van der Gracht

Feb. 15th - Sunday 9^{AM}
St. Michael's: Sister Sida & Caroline Hrbachek/ Mary Weisensel

Feb. 15th – Sunday 11^{AM}
St. Benedict: Hilda Lieffers+/ Bob Reaser

Feb. 17th – Shrove Tuesday
No Mass

Feb. 18th - Ash Wednesday 9:30^{AM}
St. Benedict: Audrey Reaser+/ Michelle Reaser
1:30^{PM} Bethany: Alphonse Schlosser+/ Vince & Tammy Dierker



Feb. 18th - Ash Wednesday 5:30^{PM}
Canadian Martyrs: Roman Frank (healing)

7:30^{PM} St. Michael's: Rita Wright+/ Ross & Debbie Hackl

Feb. 20th - Friday 9^{AM}
St. Michael's: Wolffe

Family (Healing & Blessing)/ Wolffe brothers
Feb. 21st - Saturday 5^{PM}
Canadian Martyrs: Gerald Saxinger+/ Bob Reaser

Feb. 22nd - Sunday 9^{AM}
St. Michael's: Robert & Elizabeth Kirzinger+/ Kirzinger Family

Feb. 22nd – Sunday 11^{AM}
St. Benedict: Gary Schmidt+/ Hilda Neis & Family

ASH WEDNESDAY SCHEDULE

St. Benedict – 9:30^{AM}

Cudworth Nursing Home – 10:45^{AM}
(Blessings and giving of ashes & communion service; NO MASS)

St. Michael's Haven – 11:15^{AM}
(Blessings and giving of ashes & communion service; NO MASS)

Bethany Nursing Home – 1:30^{PM}

Canadian Martyrs – 5:30^{PM}

St. Michael's – 7:30^{PM}



ST. MICHAEL'S -503 Main Street,
Cudworth, SK. S0K 1B0
Mass Time – February: Sunday 9^{AM}

*Together we listen, receive, believe,
and serve from the heart of Jesus*

Parish Council: Fr. Benjamin Ezekwudo 2nd. **Term:** Grace Jungwirth (Chair), Glen Lingel (Vice Chair), Teresa Richardson (Secretary), Vince Dierker (K of C Representative), Stuart Kolla (Maintenance), Kyle Slobodian 1st. **Term:** Don Kolla, Catherine Mazurkewich, Audrey van der Gracht, Ida Rose Wilde

Finance Committee: Catherine Mazurkewich (Chair), Derreck Kolla, Michael Wilde, Lee Hauber

Cemetery Committee: Don Kolla (Chair), Ida-Rose Wilde, James Hauber, Raymond Jungwirth– For all cemetery related information: Teresa Richardson **Parish Covenant of Care Coordinator:** Grace Jungwirth

Knights of Columbus – Thursday, March. 12th

Rosary: 7^{PM} **Meeting:** 7:30^{PM}



CWL – Next meeting:

Tuesday, February 17th @ 7:15



Parish Council – Tues. March 10th @ 7^{PM}

St. Michael's Parish is looking for someone interested in doing the weekly bulletin. Contact Father Benjamin @ 306-270-8592 or contact the parish, Phone: (306) 256-3218 Email: smcudworth@rcdos.ca

Knights of Columbus SHROVE TUESDAY PANCAKE SUPPER

February 17th 5:00^{PM} – 6:30^{PM}

Adults (12yrs + Older) \$12.50

Children (5-11yrs) \$5.00

Toddlers – Free



CUDWORTH COMMUNITY HALL

Formed.org: A great online resource for inspiring movies and studies, audios, talks and e-books. Go to: <https://formed.org/signup>. With Formed you will find video programs that explain the Catholic faith, explore the deepest meaning of marriage, Bible studies and other variety of topics.

VAN SERVICE – Winter Months

Anyone wanting to be picked up should contact the Parish Office (306) 256-3218 or Liz Wilde (306) 256-3673

Pick-up starts 1 hour before Mass

Sunday Mass Ministries

9^{AM} – Sunday, February 15th

Youth Mass

Welcomers: Jim & Liz

Rosary: Phil **Ushers:** James, Darrel

Screens: Grace **Servers:** Brianna

Readers: 1st – Jax, 2nd – Chelsea, **POF** – Camryn

Offerings: Ben, Emily, & Zoe

Eucharistic Minister: Heide, Danny

Counters: Garry, Catherine, Heide

7:30^{PM} – Ash Wednesday, February 18th

Welcomers: John & Audrey

Rosary: Glen **Ushers:** Garry, Edward, Leonard

Screens: Grace **Servers:** Chelsea, Nora

Readers: 1st – Kim, 2nd – Doreen

Prayers of the Faithful – Lee

Offerings: James & Kim

Eucharistic Minister: Morris, Barbara

9^{AM} – Sunday, February 22nd

Rosary: Phil **Ushers:** James, Darrell

Screens: Jill **Servers:** Camryn, Brady

Readers: 1st – John v., 2nd – Tammy

Prayers of the Faithful – Bernadette

Offerings: Bernadette, Tammy, Roger

Eucharistic Minister: Roger, Heide

Counters: Dennis, Sylvia

11^{AM} – Sunday, March 1st

Rosary: Glen **Ushers:** Garry, Edward, Leonard

Screens: Ann **Servers:** Eric, Leo, Alynn

Readers: 1st – Verik, 2nd – Barbara

Prayers of the Faithful – Lee

Offerings: Edward, Leonard

Eucharistic Minister: Danny, Morris

Counters: Danny, Ann, Elaine

11^{AM} – Sunday, March 8th

Rosary: Phil **Ushers:** James, Darrel

Screens: Grace **Servers:** Cael, Gage, Brooke

Readers: 1st – Morris, 2nd – Heide,

Prayers of the Faithful – Doreen

Offerings: John & Audrey

Eucharistic Minister: Barbara, Roger

Counters: Garry, Catherine, Heide

Thanks be to God

STATIONS OF THE CROSS

Every Friday at 5^{PM} in St.
Michael's Parish



Prayer Shawls:

Sylvia Meszaros - (306) 256-7198

Yarn/wool donations:

Gen Trischuk - (306) 256-3904

Any yarn and or monetary donations are always greatly appreciated.



St. Michael's Haven Garage sale starts again!

Fridays 1 - 4^{PM}, 619 5th Ave in Cudworth, east entrance. They accept cash and e-transfer

St. Therese Institute of Faith and Mission

Losing my Religion

*A one day conference on how to talk to loved ones who
have walked away from the faith*

Day Conference - Saturday March 7th

Bruno, SK, 9^{AM} -7^{PM} \$75 per adult, includes lunch & Supper

On-site accommodations available - see website

Guest Speakers - Andre Regnier, Sam Eldredge, Mylene Moreau

Register: <https://sttherese.ca/events/> or call 306-369-2555

Returning to Spirit Advancing Reconciliation

will be held Feb. 24 to 27 at the Parktown Hotel in Saskatoon for anyone who has previously taken a Returning to Spirit Roots of Reconciliation workshop at any time or location. Advancing Reconciliation empowers participants to build reconciliation on a community scale. Cost is \$150, which includes lunch/refreshments each day. For details, contact Myron Rogal at mrogal@rcdos.ca or (306) 659-5841. Register: <https://form.jotform.com/260144284920251>.

Bishop's Dinner 2026 presented by the Diocese of Saskatoon Catholic Foundation April 30 will bring together great food, amazing music, and community support for ministries and meaningful causes, Held at the Cathedral of the Holy Family, this year's Bishop's Dinner includes an after-dinner live concert featuring singer-songwriter Sarah Kroger, with ticket options either for the 7 p.m. concert only (\$50) or for the meal and concert together (\$225, with a partial tax receipt; doors open at 4 p.m. with dinner by The Golden Pagoda at 5:15 p.m.). Learn more / get tickets at: <https://dscf.ca/events> (select "Bishop's Dinner 2026").

Knights of Columbus

"In Support of Life" Gala Fundraiser will be held Saturday, Feb. 28, at the Cathedral of the Holy Family, Saskatoon. For tickets contact Merv at (306) 961-2473.

Coldest Night of the Year

is a fund-raising walk held Feb. 28 across the country to raise funds and awareness about hunger and homelessness, including in Saskatoon, where some are walking in support of Mustard Seed, a Christian non-profit that cares for those experiencing homelessness.

<https://cnoy.org/location/saskatooneast>

Catholic Engaged Encounter for couples who are preparing for marriage will be held March 13-15 at St. Peter's Abbey, Muenster, SK. Register online at: <https://cecanada.ca> (select the Humboldt/Muenster location). The fee is \$510 per couple, which includes accommodations and meals.



ST. BENEDICT

10 1st Street South (Church Avenue)
St. Benedict, SK S0K 3T0

Mass Times:

February: **Sunday 11^{AM}**

March: **Saturday 5^{PM}**

Rite of Election

3:00 pm Sunday, Feb. 22 Cathedral of the Holy Family, 123 Nelson Rd, Saskatoon All are welcome to join Bishop Mark Hagemoen for the diocesan celebration of the Rite of Election with those who are preparing to join the Catholic Church in parishes across our diocese. A reception will follow. *Evangelization and Catechesis is supported by gifts to the Bishop's Annual Appeal.*

A Diocesan Prayer Vigil for Victims and Survivors of Abuse will be held 7 p.m. Friday, Feb. 20 at the Cathedral of the Holy Family, 123 Nelson Rd, Saskatoon, with Bishop Mark Hagemoen leading the Stations of the Cross and other prayers, candle lighting, etc.

Diocesan Prayer ~ Loving God, on this Family Day weekend we lift up all families, placing them in your loving care, and praying that you would bless and inspire every family to be a "domestic church" and a sign of Your love in our world.

Sunday/Saturday Mass Ministries

11^{AM} – Sunday February 15th

Ushers: Laverne Sacristan: Laverne
Cross Bearer: Colleen Servers: Draude's
Readings & Prayers of the Faithful: LeeAnn

11^{AM} – Sunday February 22nd

Ushers: Reg Sacristan: Reg
Cross Bearer: Reg
Readings & Prayers of the Faithful: LeeAnn

5^{PM} – Saturday February 28th

Ushers: Laverne Sacristan: Laverne
Cross Bearer: Colleen Servers: Draude's
Readings & Prayers of the Faithful: LeeAnn

5^{PM} – Saturday March 7th

Ushers: Reg Sacristan: Reg
Cross Bearer: Reg
Readings & Prayers of the Faithful: LeeAnn



CANADIAN MARTYR'S

1st Street North
Middle Lake, SK S0K 2X0

Mass Times:

February: **Saturday 5^{PM}**

March: **Sunday 9^{AM}**

READERS / COLLECTION:

Sat. Feb 14th @ 5^{PM} Tim & Janine
Sat. Feb 21st @ 5^{PM} Andrea & Gloria
Sun. March 1st @ 9^{AM} Marj & Janice
Sun. March 8th @ 9^{AM} Tim & Janine

CHURCH MAINTENANCE:

Mon February 16th Kenny & Hap
Mon February 23rd Tim & Allen
Mon March 2nd Matthew & Ken P.
Mon March 9th Dorian & R. Baker
Mon March 16th Chris & Debbie

CHURCH CLEANERS:

February: Angela Reiter,
Rosanne Griffin
March: Michelle Mertz &
Karen Mertz

Please maintain any flowers, solar lights, and anything else placed in the cemetery at a grave site. Please try to place objects in a way as not to impede the cemetery grass mowing and maintenance for the volunteers looking after the cemetery. It can add a lot of time and effort on the volunteer's part if items left at grave sites are left to deteriorate. Thank you, God Bless!

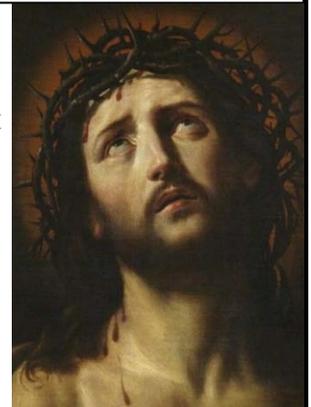
From Mourning to Dawn is an eight-week diocesan grief support program for widows and widowers, led by those who have also experienced this loss. It is open to participants who have been widows/widowers from between two months to two years. From Mourning to Dawn will again be offered in the diocese at the end of March/beginning of April. Two sessions will be offered, one held at the Catholic Pastoral Centre, at the Cathedral of the Holy Family, Saskatoon and the second at St. Anne Parish, Saskatoon. (The day and time of the sessions will be arranged jointly by facilitators and participants.) Cost: \$35. To register or for more information, please contact Dianna Knaus at dknaus@sasktel.net or (306) 382-0535.

"Man of Sorrows"

Diocesan Lenten Retreat will be held 9^{AM} to 2:30^{PM} Saturday, March 7, at the Cathedral of the Holy Family, 123 Nelson Rd, Saskatoon, led by the Sisters of the Presentation of Mary.

Registration:

<https://form.jotform.com/SaskatoonDiocese/lentenretreat2026> – cost \$30, includes lunch. (Adult Faith is supported by gifts to the Bishop's Annual Appeal.)



Ash Wednesday: Sign of humility

In the bible, ashes serve as symbol of grief and repentance – a substance, like dust, to which our bodies return (Genesis 18:27). The act of displaying one's sorrow and repentance with literal ashes is a typical practice in ancient Israel and is a sign of honoring God. Ashes have long been associated with humility and purification. This is why ashes are appropriate sacramental to begin the Lenten season.

Ash Wednesday services place a special emphasis on mortality and sinfulness signified with the use of ashes and the words uttered by the minister, "Remember that you are dust, and to dust you shall return or Repent and believe in the gospel." The ashes used therefore represent the literal dust from which we were made and to which we shall return; one which is intended as a stark reminder of our mortality. It represents a willingness to repent of our sins and purify ourselves in preparation for the Easter (resurrection of Jesus Christ).

In a nutshell, ashes that we receive today signify -

- repentance (Job 42:6)
- a reminder of death and a call to wisdom (Genesis 3:19)
- purification (Numbers 19:9,17)
- a sign of true change- *metanoia* (Jonah 3:6)

In the gospel, Jesus gave us three pillars of Lenten season: **prayer, fasting and almsgiving**.

- Through prayer, we make room for God in our life and we express our desire to enter into a deeper friendship with the him.
- Through fasting, which can take various forms, we deny ourselves something for the sake of the ultimate good.
- Through almsgiving, we are led to share with others what we have received from God.

These steps given by Jesus will bring about an actual repentance and not just receiving of ashes on our forehead. Just as Prophet Joel urged us in the first reading - "Tear your hearts and not your garments" (Joel 2:13).

Thank you, Jesus

Thank you, Lord

6th Sunday: The law of love

“Once you depart from the Ten Commandments as being the foundation of right and wrong, you are in a free fall.” Randall Terry

The gospel of today focused mainly on the commandments of God. The gift of the Ten Commandments is the gift of God himself and his ‘Holy Will’. In making his ‘Will’ known, God revealed himself to his people. We need to understand that God gave us the commandments as guidelines to help us attain life’s ultimate purpose in. The commandments are not meant to checkmate us or deprive us of our freedom. For example – parents will always have a rule that no child plays with a knife in the house. A child may want to mimic what he saw on TV; but parents know much better.

“Since they express man's fundamental duties towards God and towards his neighbour, the Ten Commandments reveal, in their primordial content, grave obligations. They are fundamentally immutable, and they oblige always and everywhere. No one can dispense from them. The Ten Commandments are engraved by God in the human heart” (CCC: 2072).

All of us are subject to the commandments of God, and we should obey all of it and not hand-pick. Jesus himself taught us total obedience while on earth. He was subject to law, both human and divine. As he grew up, he obeyed Joseph and Mary (Luke 2:51) and also obeyed the law of the land. At the age of twelve, he accompanied Mary and Joseph, and a large group of their relatives and friends to Jerusalem on a pilgrimage, “according to the custom” – that is, Passover (Luke 2:41-42).

In today’s gospel, Jesus encouraged us to observe the commandments of God - “...anyone who sets aside one of the least of these commands and teaches others accordingly will be called least in the kingdom of heaven, but whoever practices and teaches these commands will be called great in the kingdom of heaven” (Matthew 5:19).

Further, Jesus gave an extensive interpretation on the second (oaths), fifth (murder) and sixth (adultery) commandments. So, Jesus said we have to look not just at our acts, but at our thoughts and desires. We may never have killed anyone, but we may have entertained hostile thoughts about them and harboured hostile attitudes

towards them. We may never have committed adultery, but we may have entertained lustful thoughts and desires.

He found no fault with the law itself. His problem lay with the way it was interpreted and applied by the religious leaders of his day. For them, it was the letter of the law that mattered. Once you fulfilled that you were okay. But for Jesus, it was the spirit of the law that mattered. The important thing is *not* how many commandments we obey, but the spirit in which we obey them.

Christ also saw that obedience to the Ten Commandments was often rooted in fear. He wanted it rooted in love because his whole relationship with his heavenly Father was based on love. When you love someone, you avoid doing anything to hurt that person. Where there is love, there is really no need of law.

But the most significant thing of all that Jesus did was this - he brought in a new and more exacting law - the law of love. Far from contradicting or abolishing the old law (Matthew 5:17), the new law goes beyond it, and so brings it to perfection. He said that all of God's laws could be reduced to two: **love of God and love of neighbour**. In truth, there is only one law - the law of love.

The catechism giving further insight on this, says - the New Law is called a law of love because it makes us act out of the love infused by the Holy Spirit, rather than from fear;....” (CCC: 1972)

Prayer:

Thank you, Jesus

Thank you, Lord

Fr. Benjamin Ezekwudo